

FREE AYURVEDA CONSULTATION HEALTH CAMP
ON APRIL 17TH 2018, 10.00 AM-3.00 PM AT CONVENTION
CENTRE

A Free Ayurveda Health camp will be organised by School of Health Sciences in collaboration with Santhigiri Ayurveda and Siddha Hospital, Pushp Vihar, Delhi on April 17th 2018, 10.00 am – 3.00 pm, at Convention Centre IGNOU providing the following benefits:

- **Free General Consultation and Nadi Pariksha – 120 staff members and their family members including daily wagers and Staff on Contract basis**
- **Awareness Talk on Ayurveda and Siddha System – Hindi**
- **Navaratna: Cook without Fire (Demonstration of Natural Food preparation by Dr. Gangadharan (Naturapathy Doctor) - English**

Kindly circulate among all staff members of your school, division, unit. All IGNOU employees are **requested to provide the names of the staff members and their family members who are willing to participate in the above camp in the attached format at directorsohs@ignou.ac.in by 12-04-2018.**

This is essential as list will be finalized on first cum first basis and we have to make arrangements for registration and consultation. **All persons will have to register in advance and collect Registration Card on the day of health camp for consultation**

Prof. S.B. Arora
(Director SOHS)

Registration in Advance at
directorsohs@ignou.ac.in by 12-04-2018

**Room Number 1 – Collect
Registration Slip, 10.00-11.30 AM**

**Room Number 2 – Navaratna
Demonstration (40-50 first cum first
basis), 11.30 AM**

**Room Number 5 – Awareness Talk,
12.30 PM**

**Room Number 4 and 6 – Consultation
and Nadi Pariksha (120 first cum first
basis, advance registration), 10.30-
3.00 PM**

निःशुल्क आयुर्वेद परामर्श स्वास्थ्य शिविर

17 अप्रैल 2018 को

सुबह 10.00 बजे से शाम 3.00 बजे तक

स्थान : कन्वेंशन केंद्र

12-04-2018 से directorsohs@ignou.ac.in में अग्रिम
पंजीकरण करवाएं ।

कमरा नंबर 1

10.00 बजे से 11.30 बजे तक रजिस्ट्रेशन स्लिप भरी जाएगी

कमरा नंबर 2

11.30 बजे से नवरत्ना प्रदर्शन (40 – 50 सदस्य पहले
आए पहले पाए के आधार पर)

कमरा नंबर 5

12.30 बजे से जागरूकता की बात

कमरा नंबर 4 और 6

10.30 बजे से - 3.00 बजे तक परामर्श और नाड़ी परीक्षा की
जाएगी (120 सदस्य पहले आए पहले पाए के आधार पर,
अग्रिम पंजीकरण अनिवार्य है)